



## SATURDAY, JULY 15, '17

8:15 am start | 7:30 am registration

Mill Pond Park New London

A New London Water Days Event

### Registration:

Pre-register by July 1<sup>st</sup> to guarantee a t-shirt and size of your choice. T-shirts may be in limited supply on race day. Registration is from 7:30 am- 8:00 am at Mill Pond Park in New London.

### Entry Fee:

\$8.00 for pre-registered runners. \$12.00 for registrations after July 1<sup>st</sup> and on race day.

### Start Place:

Mill Pond Park- next to the bridge off County Road 9. This is a non-timed event, but those who wish to be timed are encouraged to have a parent or friend bring a stopwatch to record personal bests.

### Free Stuff

Runners get t-shirts, water and a chance to win cool prizes!

### Ages:

Kids of all ages are encouraged to participate. Younger children can be escorted or pushed in a stroller by an adult.

This event celebrates the gift of children and is inspired by the life and memory of Cody Berg. All proceeds go to support the Cody Berg Scholarship Fund.

Register online at  
[www.millpondmile.com](http://www.millpondmile.com)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-shirt size: Youth or Adult S M L XL (Adult Only)  
 Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-shirt size: Youth or Adult S M L XL (Adult Only)  
 Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-shirt size: Youth or Adult S M L XL (Adult Only)  
 Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-shirt size: Youth or Adult S M L XL (Adult Only)

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Please make checks out to Mill Pond Mile. Amount enclosed: \$ \_\_\_\_\_

**ONLY PRE-REGISTERED RUNNERS  
 ARE GUARANTEED A T-SHIRT!**

Please mail form with check by July 2<sup>nd</sup> to:  
 Mill Pond Mile, c/o Shelly Berg, 9381 1 87th Av NE, New London, MN 56273

Please use one registration sheet per family!